

**ST. PAUL'S SCHOOL**  
**San Francisco, California**

**Kindergarten Readiness**

Dear Kindergarten Parent/Guardian:

Thank you for your interest in our school. We hope that you and your child are preparing for Kindergarten. Listed below are readiness skills to ease the transition to a school setting. Please review it with your child. We will assume that if we do not hear from you on any of these points, your child will be able to perform these basic tasks and his/her behavior will meet our expectations.

1. Can your child answer the following questions?
  - a. What is your name? (First and Last)
  - b. What is your address?
  - c. What is your telephone number?
  
2. Can your child dress himself/herself using buttons and zippers?
  - a. Tie and buckle shoes?
  - b. Take care of his/her bathroom needs?
  
3. Does your child have any difficulty with:
  - a. Skipping, jumping rope?
  - b. Walking up and down stairs alternating feet?
  - c. Making himself/herself clearly understood?
  - d. Following simple directions?
  
4. Has your child had experience with:
  - a. Crayons, scissors, puzzles, games, blocks, Lego-type toys, clay and paints?
  - b. Listening to records and tapes and looking at picture books?
  
5. Has your child had an opportunity to visit:
  - a. The zoo, the aquarium, the public library story hours?
  - b. The playground?
  
6. Does someone read to your child daily? Does he/she watch Sesame Street and other quality children's programming? Have you had the chance to:
  - a. Take your child for exploratory walks?
  - b. Take your child to the market so he/she can learn to identify numbers, letters, colors, shapes, etc.?
  
7. Does your child:
  - a. Get adequate sleep (at least 10 hours per night)?
  - b. Eat a well-balanced diet?
  - c. Have good grooming habits (brush teeth, wash face, comb hair, etc.)?
  - d. Have independent toileting abilities? (i.e., can ask the teacher when he/she needs to use the restroom?)